



Relationship & Sex Education Support

Love4Life is the primary programme delivered by **TwentyTwenty** (reg. charity no. 1120694). We specialise in supporting vulnerable young women aged 11-19 to develop their self-esteem and build positive and empowering relationships. We provide honest and age-appropriate resources to help them understand their sexual health, how to stay safe, positive body imagery and other societal challenges. Our belief is that when young people feel good about themselves they will make positive choices in their health, relationships and education.

Following the curriculum changes introduced in Sept 2020, Love4Life are now offering RSE workshops to schools. We believe that relationship and sex education should be **inclusive, trustworthy, empowering and engaging**.

Our Relationship & Sex Education (RSE) sessions are designed to:

- Meet new National Curriculum requirements for PSHE and Citizenship at Key Stages 3-4.
- Make a positive contribution to improving young peoples' self-worth and raising aspirations.
- Help all young people to develop positive relationships free of discrimination and prejudice.
- Complement our charitable work with the most high-risk and vulnerable girls.
- Support schools to achieve Ofsted Outstanding inspection status.

Our Love4Life youth mentors are all accredited relationship and sex educators, with particular experience in working with the most vulnerable groups and within a diverse community.

We make use of our experience and bank of dedicated RSE resources and activities to design workshops that will suit your needs – whether you want us to teach the full curriculum or just one specialist area. We also cover related topics from the wider PSHE curriculum.

Our workshops can include:

- Puberty & taking care of your changing body
- Gender identity
- Sexual health (including STIs)
- Understanding safe and healthy relationships
- Consent
- Contraception
- Intimacy & pleasure
- Sex & the law
- Pornography
- Sexting & online safety
- Body image & self-esteem
- Mental wellbeing
- Resilience

We will always share our lesson plan and resources ahead of delivery and ensure that our content is age-appropriate and in line with school policy.

Unit 15, 30 Meadow Lane, Loughborough, LE11 1JY

e: love4life@twentytwenty.org.uk w: twentytwenty.org.uk

Registered Charity Number: 1120694 Company Limited by Guarantee: 06245103



Fee structure

Single workshop – 1hr	1 class (approx.30 students)	£150
Half day workshops – 3hrs	3 classes OR multiple sessions with 1 class	£260
Full day workshops – up to 6hr	Up to 6 classes OR 5 classes + assembly	£450
Additional session or follow up (e.g. Q&A)	1 class (approx. 30 students) or larger groups by arrangement	£100
Group Assembly – 30-90mins	Dependent on hall capacity & topic	From £80
Regular weekly/fortnightly sessions – class or small group	Dependent on group size, topic & duration of sequence.	From £60 per hour
Teacher training (Inc. attending staff meetings)	<i>Price dependent on arrangements. Please contact us to discuss.</i>	
Curriculum consultancy		

Unless otherwise stated all sessions will be run by a **minimum of two staff members**.

All our fees are negotiable dependent on exact requirements. We offer a 20% discount for schools in areas of deprivation or with above average Pupil Premium intake, who are already working with us to support high-risk individuals. We can also offer a discount for large-scale or block bookings.

For schools outside of our core delivery areas (Leicester, Loughborough & Derby city) travel costs will apply.

Booking Process

If you are interested in requesting a workshop, please complete the booking form attached with as much information as possible and we will get in touch to discuss arrangements.

Please note that whilst every effort will be made to meet your request, we cannot guarantee any workshops until we have spoken with our delivery team as our charity work remains our top priority.

For general questions & enquiries please contact **Bethan Stanyon, Love4Life Programme Manager**

bethan.stanyon@twentytwenty.org.uk 07852221773

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Love4Life RSE session booking request form

School name	
School Address	
Name of main contact	
Email	
Phone	
Preferred contact time/method	

Love4Life work with Years 7-13 and deliver a wide range of RSE and PSHE topics in an age-appropriate manner. Our workshops typically last up to 1hr and are suitable for groups of up to 30 students. Other age-ranges and delivery options will be considered on request.

Please provide as much information as possible about what you are interested in.

Year Group(s)	
Topics	
No. of sessions (e.g. single, half-day, full-day)	
Pupils per session	
Preferred date(s)	
Preferred time / duration	
Other relevant information	

Please return this form to bethan.stanyon@twentytwenty.org.uk and we will get back to you as soon as we can.

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